

ACTIVITIES TIMETABLE WEEK BEGINNING: 25th MARCH 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY AFTERNOON

2.00PM PROVERBS AND SAYINGS!

**A STITCH IN TIME
SAVES NINE!**

**TOO MANY COOKS
SPOIL THE BROTH!**

3.00PM RESIDENTS ASSOCIATION MEETING

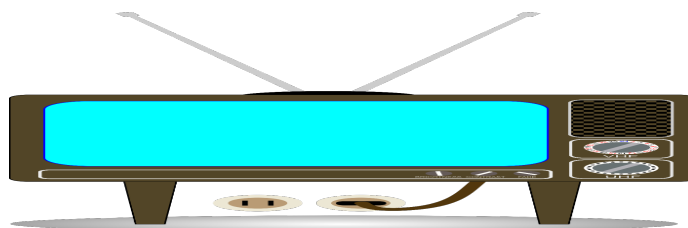


AFTERNOON TEA AND FRUIT

MONDAY EVENING

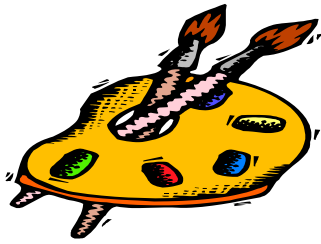
EVENING SUPPER

RELAXATION WATCH TELEVISION



TUESDAY AFTERNOON

LUNCH FOLLOWED



2.30PM ARTS AND CRAFTS



2.30PM CARD GAMES



TUESDAY EVENING

EVENING OF FUN AND CHAT ON DAYS EVENTS



EVENING SUPPER

WEDNESDAY AFTERNOON



11.00 AM INTERGENERATIONAL PROGRAMME WITH BARNARDOS

LUNCH



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1.30 PM EXTEND CLASS WITH JANET

3.pm GENERAL KNOWLEDGE QUIZ



THURSDAY AFTERNOON

LUNCH

2.00 PM PET THERAPY WITH EMMA AND OTTO



3.00PM MASS with FATHER TOM



THURSDAY EVENING

SUPPER

WATCH TELEVISION AND RELAX

FRIDAY AFTERNOON

LUNCH FOLLOWED

2.00 PM BOARD GAMES



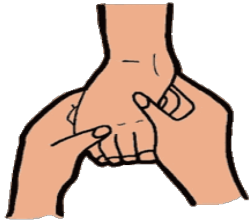
2.00 PM SONAS THERAPY

FRIDAY EVENING

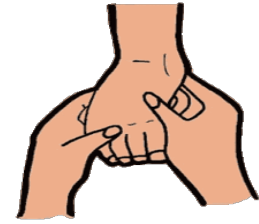


SATURDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL



SATURDAY EVENING

LIGHT REFRESHMENTS



**TV AND MUSIC EVENING
EVENING SUPPER**



SUNDAY AFTERNOON

SUNDAY MORNING - MASS AND HOLY COMMUNION

3.30 PM MUSICAL ENTERTAINMENT



SUNDAY EVENING

LIGHT REFRESHMENTS

FUN AND CHAT ON DAY'S EVENTS



EVENING SUPPER

