

**ACTIVITIES TIMETABLE WEEK BEGINNING: MONDAY 29<sup>th</sup> April 2019  
EVERY MORNING**

**CUP OF TEA AND CHAT FOLLOWED BY READING DAILY NEWSPAPERS AND**



**GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**DAILY EXERCISE SESSION**

**DAILY PRAYER GROUP**

**MONDAY**

**LUNCH FOLLOWED BY  
2.00pm REMINESENCE ROOM**



**3.00pm COMPUTER CLASSES**



**HAIR SALON SERVICES**

**TUESDAY**

**LUNCH FOLLOWED BY RELAXATION SESSION**



**2.30 PM ARTS AND CRAFTS**

**2.30pm LEXICON DUN LAOGHAIRE LIBRARY**

# BOOK CLUB

3.00pm BOOK CLUB



**HAIR SALON SERVICES**



**TUESDAY EVENING**



**LIGHT REFRESHMENTS**

**EVENING CHAT ON DAYS NEWS AND EVENTS!**



**WEDNESDAY AFTERNOON**

**11.00AM INTERGENERATIONAL PROGRAMME WITH BARNARDOS**

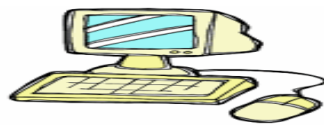
**EXTEND CLASS WITH JANET 2.00pm**



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**CARD GAMES**



**COMPUTER LESSONS 3.00pm**

**WEDNESDAY EVENING**

**RELAX AND WATCH TELEVISION**

**THURSDAY**

**ALZHEIMERS TEA DAY**



**PET THERAPY**

**THURSDAY EVENING**



**FISH AND CHIP NIGHT**

**FRIDAY AFTERNOON**

**LUNCH FOLLOWED BY RELAXATION SESSION**

**2.00pm SONAS THERAPY**

**3.00pm COMPUTER CALSSES**



**3.00PM BOOK CLUB**

**FRIDAY EVENING**

**MEET AND DISCUSS NEXT WEEK ACTIVITIES!**

**EVENING SUPPER**



**SATURDAY AFTERNOON**

**LUNCH FOLLOWED BY RELAXATION SESSION**



**MASSAGE THERAPY WITH MICHAEL**



**SATURDAY EVENING**

**MOVIE MAGIC**



**SUNDAY AFTERNOON**

**SUNDAY MORNING - MASS ON BIG SCREEN**



**AND VISIT BY HOLY COMMUNICANTS**



**3.30 PM MUSICAL ENTERTAINMENT**



**SUNDAY EVENING**

**LIGHT REFRESHMENTS**

**EVENING OF FUN AND CHAT ON DAYS EVENTS**



**EVENING SUPPER**