

ACTIVITIES TIMETABLE WEEK BEGINNING: 6th May 2019
EVERY MORNING:

CUP OF TEA AND CHAT FOLLOWED BY READING DAILY NEWSPAPERS AND



GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

DAILY EXERCISE SESSION

LUNCH FOLLOWED BY RELAXATION SESSION

3.00 PM STORY-TELLING



AFTERNOON TEA AND FRUIT



MONDAY EVENING

LIGHT REFRESHMENTS

**A STITCH IN
TIME SAVES
NINE!**

PROVERBS AND SAYINGS!

**TOO MANY
COOKS SPOIL
THE BROTH!**

**EVENING SUPPER
FOLLOWED BY
BEDTIME PRAYERS**



TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION



2.30 PM ARTS AND CRAFTS



TUESDAY EVENING



**EVENING SUPPER
FOLLOWED BY BEDTIME PRAYERS**

WEDNESDAY AFTERNOON

11AM INTERGENERATIONAL WITH BARNARDOS

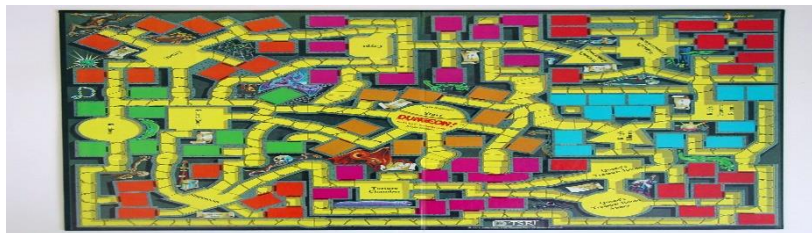
EXTEND CLASS WITH JANET



PET THERAPY

WEDNESDAY EVENING

**LUNCH FOLLOWED BY
BOARD GAMES**



THURSDAY AFTERNOON

**LUNCH FOLLOWED BY RELAXATION SESSION
MANICURES AND HAND MASSAGE**



OCCUPATIONAL THERAPY IN THE GARDEN



FRIDAY AFTERNOON

**LUNCH FOLLOWED BY RELAXATION SESSION
MEETING TO DISCUSS NEXT WEEK'S ACTIVITIES**



AFTERNOON TEA AND FRUIT

FRIDAY EVENING

**LIGHT REFRESHMENTS
MOVIE MAGIC WITH TREATS!**



SATURDAY AFTERNOON

**LUNCH FOLLOWED
MESSAGE THERAPY WITH MICHAEL**



LIGHT REFRESHMENTS

SATURDAY EVENING

CARD GAMES



EVENING SUPPER

BEDTIME PRAYERS

SUNDAY AFTERNOON

SUNDAY MORNING - MASS AND HOLY COMMUNION



MUSICAL ENTERTAINMENT

SUNDAY EVENING

DISCUSS WEEKLY EVENTS



EVENING SUPPER FOLLOWED BY BEDTIME PRAYERS

