

ACTIVITIES TIMETABLE WEEK BEGINNING: 15th JULY 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

IF WEATHER PERMITS: SITTING ON BALCONY OR GARDEN

MONDAY AFTERNOON



CREATIVE WRITING 2:30 PM

FUN QUIZ 3:15 PM

**TENDING THE PLANTS IN THE
GREEN HOUSE 3:45 PM**

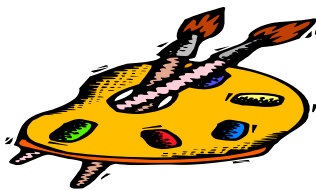


SALON SERVICES ALL DAY



TUESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



ARTS AND CRAFTS AND

AQUA PAINTS 2:30 PM

MAGIC TABLE- LEXICON 2:30 PM



SALON SERVICES ALL DAY



TUESDAY EVENING



EVENING OF FUN AND CHAT ON DAYS EVENTS



MOVIE NIGHT 6:30



WEDNESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



**EXTEND CLASS WITH JANET 1:30 PM
COFFEE/ TEA REMINISCENCE 3:00 PM**



THURSDAY AFTERNOON

OUTING TO GLENROE FARM 11:30 AM



**O.T. THERAPY MENS SHED & GARDENING 2:00 PM
PET THERAPY WITH EMMA 2:00 PM**



THURSDAY EVENING

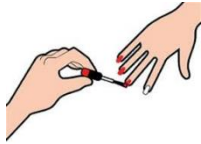


RELAXATION WITH LIGHT REFRESHMENT



MOVIE NIGHT 6:30

FRIDAY AFTERNOON



MANICURE AND HAND MASSAGE
MOVIE NIGHT 6:30



SALON SERVICES ALL DAY



SATURDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



BOWLING 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS
MOVIE NIGHT 6:30 pm
“MOVIE OF CHOICE”



SUNDAY AFTERNOON

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

