

**ACTIVITIES TIMETABLE WEEK BEGINNING: 8<sup>th</sup> JULY 2019**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**IF WEATHER PERMITS: SITTING ON BALCONY OR GARDEN**

**MONDAY AFTERNOON**

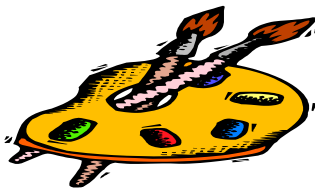


**CREATIVE WRITING 2PM  
BINGO 2PM  
REMINISCENCE ROOM 3:15 PM**



**TUESDAY AFTERNOON**

**LUNCH FOLLOWED BY RELAXATION SESSION**



**ARTS AND CRAFTS 2:30 PM  
MAGIC TABLE- LEXICON 2:30 PM**



**SALON SERVICES ALL DAY**



**TUESDAY EVENING**

**EVENING OF FUN AND CHAT ON DAYS EVENTS**



**WEDNESDAY AFTERNOON**



**11.00 AM INTERGENERATIONAL PROGRAMME WITH BARNARDOS  
LUNCH FOLLOWED BY RELAXATION SESSION**



**EXTEND CLASS WITH JANET 1:30 PM**



**SALON SERVICES ALL DAY**



**THURSDAY AFTERNOON**



**O.T. THERAPY MENS SHED & GARDENING 2:15 PM**

**PET THERAPY WITH EMMA 2.30pm**



**MANICURES HAN MASSAGE 2pm**



**TRIP TO FESTINALENTE 1.30pm**

**THURSDAY EVENING**



**PIZZA NIGHT 6:30 PM**



**FRIDAY AFTERNOON**

**SONAS THERAPY 2.00 PM AND 2.45pm**



**AQUA PAINTING 2pm**



**SALON SERVICES ALL DAY**

**SATURDAY AFTERNOON**

**LUNCH FOLLOWED BY RELAXATION SESSION**



**MASSAGE THERAPY WITH MICHAEL 1:00 PM**



**SATURDAY EVENING**



**LIGHT REFRESHMENTS**

**MOVIE NIGHT 6:30 pm**

**“MOVIE OF CHOICE”**



**SUNDAY AFTERNOON**

**READING SUNDAY NEWSPAPERS**

**SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM**



**MUSICAL ENTERTAINMENT 2:00 PM**



