

ACTIVITIES TIMETABLE WEEK BEGINNING: 19th AUGUST 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

IF WEATHER PERMITS: SITTING ON BALCONY OR GARDEN

MONDAY AFTERNOON



**MASS 2:00 PM
RESIDENT ASSOCIATE
MEETING 3:15 PM**



TUESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



**ARTS AND CRAFTS AND 2:30 PM
MAGIC TABLE- LEXICON 2:30 PM**



SALON SERVICES ALL DAY



TUESDAY EVENING



EVENING OF FUN AND CHAT ON DAYS EVENTS

MOVIE NIGHT 6:30



WEDNESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



EXTEND CLASS WITH JANET 1:30 PM

COMPUTER CLASS 2:30 PM

REMINISCENCE ROOM 3:15 PM



THURSDAY AFTERNOON



O.T. THERAPY MENS SHED & GARDENING 2:00 PM

PET THERAPY WITH EMMA 2:00 PM

FESTINALENTE



THURSDAY EVENING

WINE AND CHEESE NIGHT



FRIDAY AFTERNOON



SONAS THERAPY 2:00 PM
SELECTION OF BOARD GAMES
MOVIE NIGHT 6:30



SALON SERVICES ALL DAY



SATURDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



BOWLING 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS
MOVIE NIGHT 6:30 pm
“MOVIE OF CHOICE”



SUNDAY AFTERNOON

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

