

ACTIVITIES TIMETABLE WEEK BEGINNING: 26th AUGUST 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

IF WEATHER PERMITS: SITTING ON BALCONY OR GARDEN

MONDAY AFTERNOON

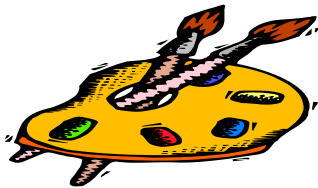


**CREATIVE WRITING 2:15 PM
COMPUTER CLASS 3:00 PM**



TUESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



**MAGIC TABLE- LEXICON 2:30 PM
ARTS AND CRAFTS AND 2:30 PM**



SALON SERVICES ALL DAY



TUESDAY EVENING



EVENING OF FUN AND CHAT ON DAYS EVENTS

MOVIE NIGHT 6:30



WEDNESDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



**COMPUTER CLASS 2:00 PM
REMINISCENCE ROOM 3:00 PM**

SALON SERVICES ALL DAY



THURSDAY AFTERNOON



**O.T. THERAPY MENS SHED & GARDENING 2:00 PM
PET THERAPY WITH EMMA 2:00 PM
MANICURES AND HAND MASSAGE 2:00 PM**



THURSDAY EVENING

COCTAIL HAPPY HOUR!! 6:30 PM



FRIDAY AFTERNOON



SONAS THERAPY 2:00 PM

BOWLING 2:00 PM

MOVIE NIGHT 6:30



SALON SERVICES ALL DAY



SATURDAY AFTERNOON

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



BOWLING 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS

MOVIE NIGHT 6:30 pm

“MOVIE OF CHOICE”



SUNDAY AFTERNOON

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

