

ACTIVITIES TIMETABLE WEEK BEGINNING: 21st October 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



COMPUTER CLASS 2:00 PM

ONE-ON-ONE 2:45 PM



TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION



MAGIC TABLE- LEXICON 2:00 PM

ARTS AND CRAFTS AND 2:30 PM



SALON SERVICES ALL DAY



TUESDAY EVENING



EVENING OF FUN AND CHAT ON DAYS EVENTS

MOVIE NIGHT 6:30



WEDNESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

EXTEND CLASSES WITH JANET 1:30 PM



ONE-ON-ONE 2:30 PM

SALON SERVICES



THURSDAY

O.T. THERAPY MENS SHED & GARDENING 2:00 PM



PET THERAPY WITH EMMA 2:00 PM



THURSDAY EVENING

FRANK SINATRA NIGHT 6:00 PM



FRIDAY



SONAS THERAPY 2:00 PM
REMINISCENCE ROOM 2:015 PM



MOVIE NIGHT 6:30



SATURDAY

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



LISTENING TO FAVOURITE SONGS! 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS
MOVIE NIGHT 6:30 pm
“MOVIE OF CHOICE”



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

