

**ACTIVITIES TIMETABLE WEEK BEGINNING: 11<sup>th</sup> NOVEMBER 2019**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**



**IMAGINATION GYM 2:00 PM**

**COMPUTER CLASS 3:00 PM**

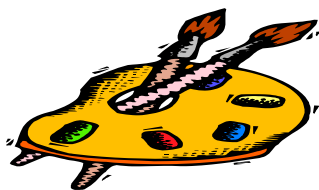


**TUESDAY**

**LUNCH FOLLOWED BY RELAXATION SESSION**

**MAGIC TABLE- LEXICON 2:00 PM**

**ARTS AND CRAFTS AND 2:30 – 3:30 PM**



**SALON SERVICES ALL DAY**



**WEDNESDAY**

**EXTENDED CLASSES WITH JANET 1:30 PM**



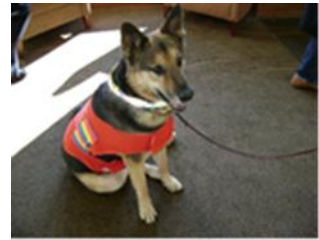
**SALON SERVICES ALL DAY**



**THURSDAY**

**OT THERAPY 2:00 PM – 4:15 PM**

**PET THERAPY 2:00 PM – 3:00 PM**



**SALON SERVICES ALL DAY** ✂

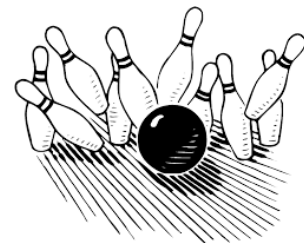
**THURSDAY EVENING**

**SONNY KNOWLES NIGHT  
WITH LIGHT REFRESHMENTS!**



**FRIDAY**

**SONAS THERAPY 2:00 PM**  
**GAMES AND BOWLING 2:15 PM**



**SATURDAY**

**LUNCH FOLLOWED BY RELAXATION**

**MASSAGE THERAPY WITH MICHAEL 1:30 PM**



**LISTENING TO FAVOURITE SONGS! 2:00 PM**



**SATURDAY EVENING**



**LIGHT REFRESHMENTS**  
**MOVIE NIGHT 6:30 pm**  
**“MOVIE OF CHOICE”**



**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM**



MUSICAL ENTERTAINMENT 2:00 PM

