

ACTIVITIES TIMETABLE WEEK BEGINNING: 28th October 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



IMAGINATION GYM 2:00 – 3:00 PM
GAMES & BOWLING 3:00 – 4:00 PM



TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION



MAGIC TABLE- LEXICON 2:00 PM
ARTS AND CRAFTS AND 2:30 – 3:30 PM



TUESDAY EVENING



EVENING OF FUN AND CHAT ON DAYS EVENTS
MOVIE NIGHT 6:30



WEDNESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

EXTEND CLASSES WITH JANET 1:30 – 3:00 PM



SALON SERVICES

THURSDAY

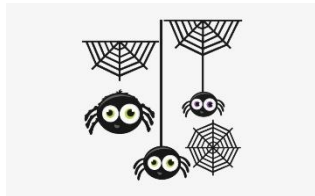


O.T. THERAPY "BAKING" 2:00 – 3:00 PM
MENS SHED & GARDENING 3:00 – 4:00 PM



THURSDAY EVENING

HALLOWEEN PARTY 6:00 – 8:00 PM
AT WATERFALL SITTING ROOM



FRIDAY



SONAS THERAPY 2:00 – 3:00 PM

IMAGINATION GYM 3:30 – 4:15 PM

MOVIE NIGHT 6:30 PM



SALON SERVICES

SATURDAY

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



LISTENING TO FAVOURITE SONGS! 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS

MOVIE NIGHT 6:30 pm

“MOVIE OF CHOICE”



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

