

ACTIVITIES TIMETABLE WEEK BEGINNING: 4th NOVEMBER 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

2.30pm MASS OF REMEMBERENCE FOR PAST RESIDENTS



TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

**MAGIC TABLE- LEXICON 2:00 PM
ARTS AND CRAFTS AND 2:30 – 3:30 PM**



WEDNESDAY

**LUNCH FOLLOWED BY RELAXATION SESSION
EXTEND CLASSES WITH JANET 1:30 – 3:00 PM**



SALON SERVICES

THURSDAY

**O.T. THERAPY
MEN SHED**



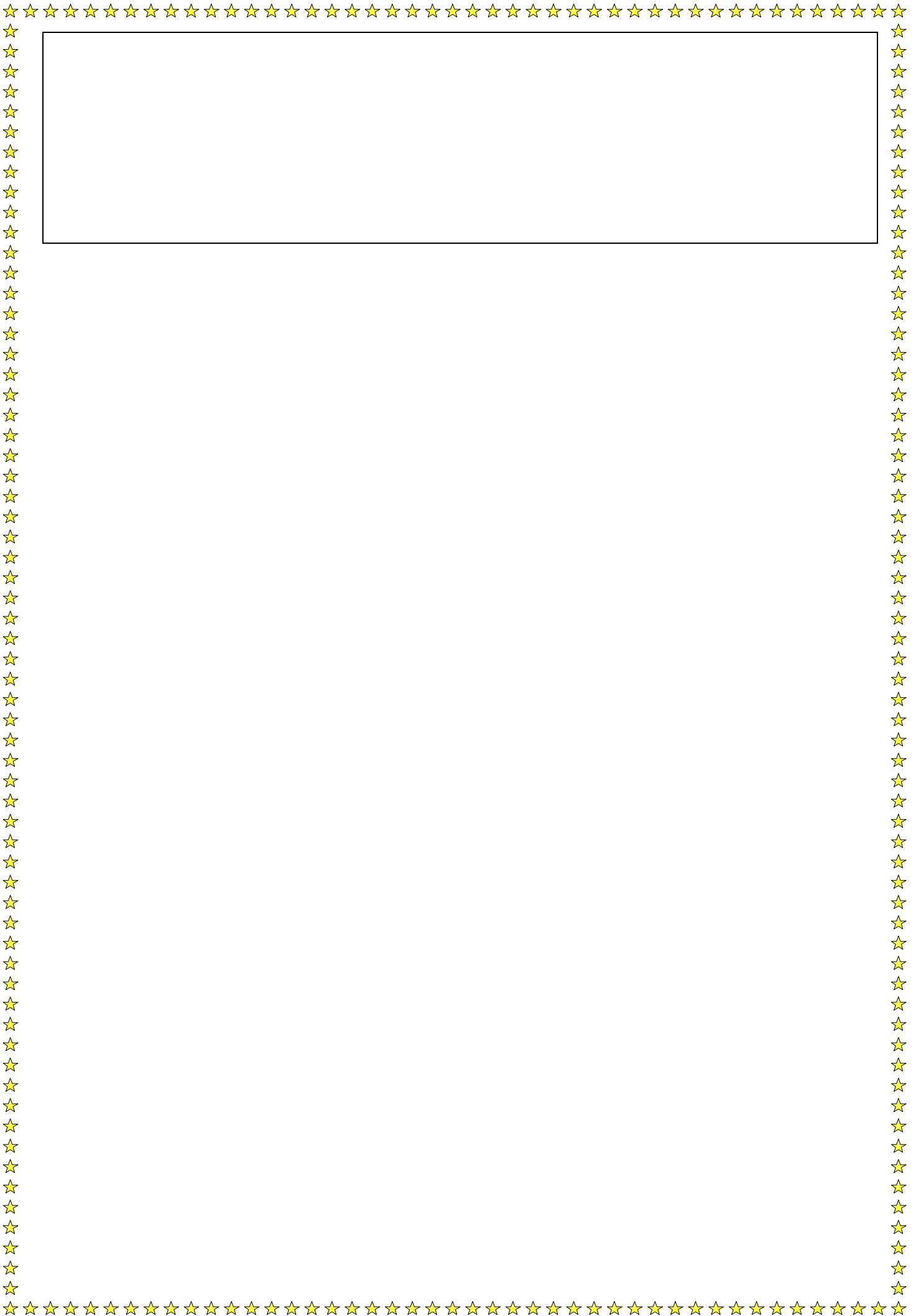
DOG THERAPY



THURSDAY EVENING

IRISH COFFEE EVENING





FRIDAY



SONAS THERAPY 2:00 – 3:00 PM
IMAGINATION GYM 3:30 – 4:15 PM

MOVIE NIGHT 6:30 PM



SALON SERVICES



SATURDAY

LUNCH FOLLOWED BY RELAXATION SESSION



MASSAGE THERAPY WITH MICHAEL 1:30 PM



LISTENING TO FAVOURITE SONGS! 2:00 PM



SATURDAY EVENING



LIGHT REFRESHMENTS
MOVIE NIGHT 6:30 pm
“MOVIE OF CHOICE”



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



SUNDAY MORNING - MASS AND HOLY COMMUNION 11:AM



MUSICAL ENTERTAINMENT 2:00 PM

