

**ACTIVITIES TIMETABLE WEEK BEGINNING: 16th DECEMBER 2019**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**3:00 PM OVER 50'S CLUB VISIT WITH MUSIC AND FUN!**

**2:00 PM SENSORY ROOM**



**TUESDAY**

**LUNCH FOLLOWED BY RELAXATION SESSION**

**1:00 PM URBAN JUNCTION SINGING**

**CHRITSTMAS CAROLS**



**2.00 PM MAGIC TABLE- LEXICON**

**2:30 PM ARTS & CRAFTS**



**SALON SERVICES ALL DAY**



**WEDNESDAY**

**11.00 AM BARNARDOS CHILDREN CAROL SINGING**  
**1.15 PM EXTEND CLASSES WITH JANET**



**SALON SERVICES ALL DAY**



**THURSDAY**

**2.00 PM PET THERAPY**



**2.00 PM OCCUPATIONAL THERAPY**



**SALON SERVICES ALL DAY**



**THURSDAY EVENING**

**6:30 PM REMINISCENCE PAST CHRITMASES**



**FRIDAY**



**2.00 PM SONAS THERAPY**  
**2:00 PM MUSICAL ENTERTAINMENT**  
**WITH HEDDA**

**SALON SERVICES ALL DAY**



**SATURDAY**

**LUNCH FOLLOWED BY RELAXATION**



**1.30 PM MASSAGE THERAPY WITH MICHAEL**



**2.00 PM LISTENING TO FAVOURITE SONGS!**



**SATURDAY EVENING**



**LIGHT REFRESHMENTS**



**6.30 PM MOVIE NIGHT**



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION



2.00 PM MUSICAL ENTERTAINMENT 2:00 PM



3:00 PM CHRISTMAS FAIR!

  
**CHRISTMAS**  
— **FAIR** —