

ACTIVITIES TIMETABLE WEEK BEGINNING: 23rd DECEMBER 2019

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

**3:00 PM CHRISTMAS RAFFLE AND
AFTERNOON TEA IN AID OF FOCUS IRELAND**



TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

2:30 PM CHRISTMAS EVE TREATS



SALON SERVICES ALL DAY



WEDNESDAY

CHRISTMAS DAY!

10:30 AM TO 12:00 PM FESTIVE TREATS! DRINKS/ TEA/ COFFEES



THURSDAY

CHRISTMAS MOVIES AND BOXING DAY!



THURSDAY EVENING

LISTENING TO CHRISTMAS SONGS



FRIDAY



2.00 PM SONAS THERAPY

**2.15 PM GAMES AND LIGHT
REFRESHMENTS**

Come Join The



SATURDAY

LUNCH FOLLOWED BY RELAXATION



2:00 PM MASSAGE THERAPY WITH MICHAEL



SATURDAY EVENING



LIGHT REFRESHMENTS



6.30 PM MOVIE NIGHT



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION



2.00 PM MUSICAL ENTERTAINMENT 2:00 PM

