

ACTIVITIES TIMETABLE WEEK BEGINNING: 13TH JANUARY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



2.00 PM IMAGINATION GYM



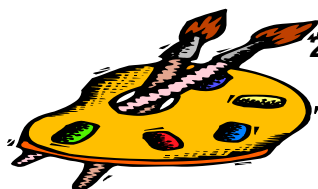
2.15 PM COMPUTER CLASS

TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

2.00 PM MAGIC TABLE- LEXICON

2.15 PM ARTS AND CRAFTS WITH TRACY



SALON SERVICES ALL DAY



WEDNESDAY

11.00 AM BARNARDOS CHILDREN VISIT



1.30 PM EXTEND CLASSES WITH JANET



3.00 PM IMAGINATION GYM

SALON SERVICES ALL DAY



THURSDAY

2.00 PM PARACHUTE AND GAMES



2.00 PM OCCUPATIONAL THERAPY



SALON SERVICES ALL DAY



THURSDAY EVENING

6.30 PM IRISH COFFEE EVENING



FRIDAY



2.00 PM SONAS THERAPY

2.00 PM PET THERAPY



SATURDAY

LUNCH FOLLOWED BY RELAXATION



1.30 PM MASSAGE THERAPY WITH MICHAEL



2.00 PM LISTENING TO FAVOURITE SONGS!



SATURDAY EVENING



LIGHT REFRESHMENTS



6.30 PM MOVIE NIGHT

“MOVIE OF CHOICE”



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION



2.00 PM MUSICAL ENTERTAINMENT 2:00 PM



