

ACTIVITIES TIMETABLE WEEK BEGINNING: 20TH JANUARY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



2.00 PM IMAGINATION GYM



3.00PM BAKING GROUP

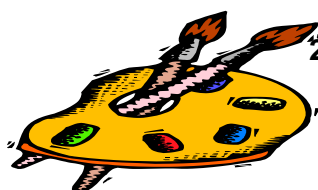


TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION

2.00 PM MAGIC TABLE- LEXICON

2.15 PM ARTS AND CRAFTS WITH TRACY



SALON SERVICES ALL DAY



WEDNESDAY

11.00 AM BARNARDOS CHILDREN VISIT



1.30 PM EXTEND CLASSES WITH JANET



**2.00 PM COMPUTER CLASSES WITH
MIROSOFT INTERNS**

3.00 PM IMAGINATION GYM

SALON SERVICES ALL DAY



THURSDAY



2.00 PM OCCUPATIONAL THERAPY



SALON SERVICES ALL DAY



THURSDAY EVENING

6.30 PM COCKTAILS AND MUSIC



FRIDAY



2.00 PM SONAS THERAPY

2.00 PM PET THERAPY



SATURDAY

LUNCH FOLLOWED BY RELAXATION



1.30 PM MASSAGE THERAPY WITH MICHAEL



2.00 PM LISTENING TO FAVOURITE SONGS



SATURDAY EVENING



LIGHT REFRESHMENTS



6.30 PM MOVIE NIGHT

SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION



2.00 PM MUSICAL ENTERTAINMENT 2:00 PM

