

ACTIVITIES TIMETABLE WEEK BEGINNING: 17th FEBRUARY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



2.00 PM IMAGINATION GYM

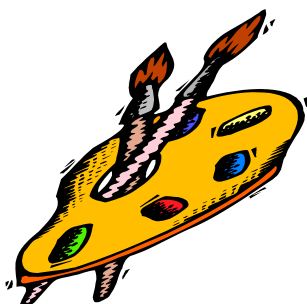


2.15 PM COMPUTER CLASS

3.00 PM Health Enhancing Physical Activity

TUESDAY

LUNCH FOLLOWED BY RELAXATION SESSION



2.00 PM ARTS AND CRAFTS WITH TRACY

3.00 BOWLING

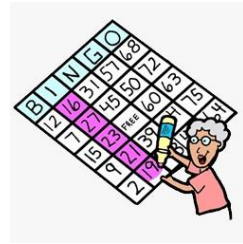


SALON SERVICES ALL DAY



WEDNESDAY

1.30 PM EXTEND CLASSES WITH JANET



3.00 PM BINGO

SALON SERVICES ALL DAY



THURSDAY

2.00 PM OCCUPATIONAL THERAPY



3.00 PM PARACHUTE AND GAMES



SALON SERVICES ALL DAY



THURSDAY EVENING

6.30 PM MOVIE NIGHT!



FRIDAY



2.00 PM SONAS THERAPY

2.15 PM PET THERAPY

3.00 IMAGINATION GYM



SATURDAY

LUNCH FOLLOWED BY RELAXATION



1.30 PM MASSAGE THERAPY WITH MICHAEL

2.15 PM ITALY VS. SCOTLAND – SIX NATIONS RUGBY



4.45 WALES VS. FRANCE – SIX NATIONS RUGBY



SATURDAY EVENING



LIGHT REFRESHMENTS



6.30 PM MOVIE NIGHT

“MOVIE OF CHOICE”



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION



1.30 PM MUSICAL ENTERTAINMENT 2:00 PM



3.00 ENGLAND VS IRELAND – SIX NATIONS RUGBY



6.30 PM MOVIE NIGHT



