

ACTIVITIES TIMETABLE WEEK BEGINNING: 11th MAY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



**1:30 PM HEALTH ENHANCING PHYSICAL
ACTIVITY**

3:00 HAND HYGIENE



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

1:30 PM ARTS AND CRAFTS



3:00 PM LISTENING TO FAVOURITE MUSIC



SALON SERVICES



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER



Daily Sparkle

1:30 PM EXTENDED CLASS

3.00 PM FUN AND GAMES!



SALON SERVICES



THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

1:30 PM RELAXATION SESSION

3:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY



THURSDAY EVENING

6:30 MOVIE NIGHT & LIGHT REFRESHMENTS



FRIDAY

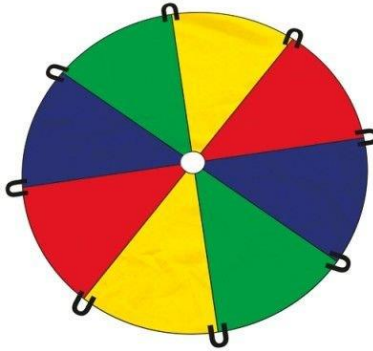
11:00 AM DAILY SPARKLE

1:30 PM SONG THERAPY

3:00 PM PARACHUTE AND GAMES



Daily Sparkle



SATURDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

LUNCH FOLLOWED BY RELAXATION

1:30 PM LIGHT MASSAGE THERAPY

3:00 PM LISTENING TO FAVOURITE MUSIC



SATURDAY EVENING

6.30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:00 AM MORNING PRAYERS

11: 00 AM SUNDAY MORNING - MASS



1:30 PM DAILY SPARKLE

Daily Sparkle

3:00 PM MUSICAL ENTERTAINMENT

