

**ACTIVITIES TIMETABLE WEEK BEGINNING: 18<sup>th</sup> MAY 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**



**1:30 PM CHAIR GYM ACTIVITY SIEL BLUE**

**3:00 BALL GAMES (BASKETBALL)**



**TUESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**1:30 PM EXTENDED CLASS / CHAIR GYM**

**3:00 PM PARACHUTE GAMES**



**SALON SERVICES**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWLETTER  
AND HAND HYGIENE  
1:30 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY  
3.00 PM LISTENING TO FAVORITE SONGS**



*Daily Sparkle*



**SALON SERVICES**



**THURSDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER  
SITTING OUT ON THE BALCONY/GARDEN  
1:30 PM ARTS AND CRAFTS  
3:00 PM FUN AND GAMES!**

*Daily Sparkle*



**THURSDAY EVENING**

**6:30 MOVIE NIGHT & LIGHT REFRESHMENTS**



FRIDAY

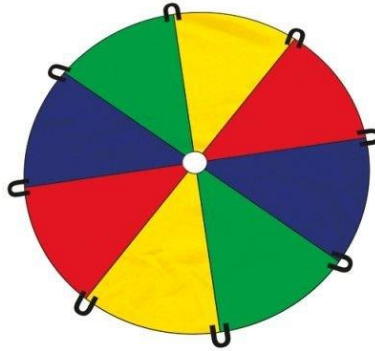
11:00 AM DAILY SPARKLE

1:30 PM SONG THERAPY

3:00 PM PARACHUTE AND GAMES



*Daily Sparkle*



SATURDAY

11:00 AM DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

LUNCH FOLLOWED BY RELAXATION

1:30 PM IMAGINATION GYM

3:00 PM MUSICAL ENTERTAINMENT



SATURDAY EVENING

6.30 PM MOVIE NIGHT:  
MOVIE OF CHOICE  
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



*Daily Sparkle*

10:00 AM MORNING PRAYERS

11: 00 AM SUNDAY MORNING - MASS

DAILY SPARKLE NEWSLETTER



1:30 PM MUSICAL ENTERTAINMENT



3:00 PM MOVIE OF CHOICE WITH TEA / COFFEE

