

ACTIVITIES TIMETABLE WEEK BEGINNING: 25th MAY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



1:30 PM CHAIR GYM ACTIVITY SIEL BLUE

3:00 BALL GAMES (BASKETBALL)



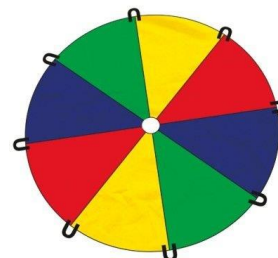
TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

1:30 PM EXTENDED CLASS / CHAIR GYM

3:00 PM PARACHUTE GAMES



SALON SERVICES



WEDNESDAY

11:00 AM DAILY SPARKLE NEWLETTER



AND HAND HYGIENE

Daily Sparkle

1:30 PM HEALTH ENHANCING

PHYSICAL ACTIVITY

3.00 PM LISTENING TO FAVORITE SONGS



SALON SERVICES



THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER

SITTING OUT ON THE BALCONY/GARDEN

1:30 PM ARTS AND CRAFTS



3:00 PM FUN AND GAMES!

Daily Sparkle



THURSDAY EVENING

6:30 MOVIE NIGHT & LIGHT REFRESHMENTS



FRIDAY

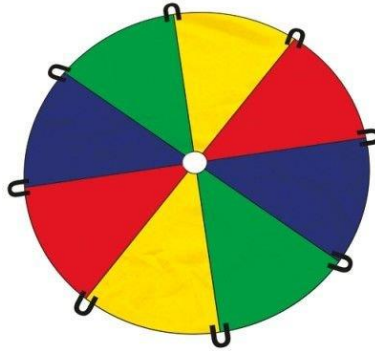
11:00 AM DAILY SPARKLE

1:30 PM SONG THERAPY

3:00 PM PARACHUTE AND GAMES



Daily Sparkle



SATURDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

LUNCH FOLLOWED BY RELAXATION

1:30 PM IMAGINATION GYM

3:00 PM MUSICAL ENTERTAINMENT



SATURDAY EVENING

6.30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



Daily Sparkle

10:00 AM MORNING PRAYERS

11: 00 AM SUNDAY MORNING - MASS

DAILY SPARKLE NEWSLETTER



1:30 PM MUSICAL ENTERTAINMENT



3:00 PM MOVIE OF CHOICE WITH TEA / COFFEE

