

**ACTIVITIES TIMETABLE WEEK BEGINNING: 4<sup>th</sup> MAY 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**



**1:00 HEALTH ENHANCING PHYSICAL  
ACTIVITY**

**Daily Sparkle**

**3:00 LISTENING TO FAVOURITE MUSIC**



**TUESDAY**

**11:00 AM HAND HYGIENE – SITTING ROOM**



**2:00 PM ARTS AND CRAFTS**



**3:00 PM FUN AND GAMES!**



**SALON SERVICES**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWLSETTER**



**11:30 AM HAND HYGIENE**

*Daily Sparkle*

**2:00 PM HEALTH ENHANCING ACTIVITY**

**3.00 PM IMAGINATION GYM**



**SALON SERVICES**



**THURSDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**11:30 AM HAND HYGIENE**

**2:00 PM HEALTH ENHANCING ACTIVITY**

*Daily Sparkle*



**3:00 LISTENING TO FAVOURITE SONGS**



**SALON SERVICES**



**THURSDAY EVENING**

**6:30 MOVIE NIGHT & LIGHT REFRESHMENTS**



**FRIDAY**



**11:00 AM DAILY SPARKLE**  
**2:00 PM SONG THERAPY**  
**6:30 PM MOVIE NIGHT**  
**WITH LIGHT REFRESHMENTS**

*Daily Sparkle*



**SATURDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**LUNCH FOLLOWED BY RELAXATION**

**1:30 PM LIGHT MASSAGE THERAPY**



**SATURDAY EVENING**

**6.30 PM MOVIE NIGHT:**  
**MOVIE OF CHOICE**  
**AND LIGHT REFRESHMENTS**



**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**10:00 AM MORNING PRAYERS**

**11.00 AM SUNDAY MORNING - MASS AND HOLY COMMUNION**

**DAILY SPARKLE**



**1:30 PM MUSICAL ENTERTAINMENT**



**6:30 PM MOVIE NIGHT WITH LIGHT REFRESHMENTS**

