

**ACTIVITIES TIMETABLE WEEK BEGINNING: 15<sup>th</sup> JUNE 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**



**2:00 PM SIEL BLUE**

**CHAIR GYM**

**3:00 PM LISTENING TO FAVOURITE SONGS**



**TUESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**1:30 PM to 3:00 PM BLOOMS DAY CELEBRATION!**



**SALON SERVICES**



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



1:30 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY

3.00 PM ARTS AND CRAFTS!



SALON SERVICES



THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER

1:30 PM SIEL BLEU CHAIR GYM

Daily Sparkle

3:00 PM BINGO!



SALON SERVICES



THURSDAY EVENING

6:30 MOVIE NIGHT & LIGHT REFRESHMENTS



**FRIDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**1:30 PM ARTS AND CRAFTS!**



*Daily Sparkle*

**3:00 PM BALL GAMES  
(BASKETBALL / BOWLING)**



**SATURDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*



**LUNCH FOLLOWED BY RELAXATION**

**1:30 PM SONG THERAPY**

**3:00 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY**



**SATURDAY EVENING**

**6.30 PM MOVIE NIGHT:  
MOVIE OF CHOICE  
AND LIGHT REFRESHMENTS**



**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**11: 00 AM SUNDAY MORNING - MASS (ON T.V.)**



**1:30 PM IMAGINATION GYM**



**3:00 PM SONG THERAPY**



**SUNDAY EVENING**

**6:30 PM MOVIE NIGHT (Movie of Choice)**

