

**ACTIVITIES TIMETABLE WEEK BEGINNING: 22<sup>ND</sup> JUNE 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**



**1:30 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY**

**3:00 PM LISTENING TO FAVOURITE SONGS**



**TUESDAY**

**11:00 AM TEA AND COFFEE IN THE GARDEN**



**1:30 PM ARTS AND CRAFTS!**



**3:00 PM BINGO / BOARD GAMES**

WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



1:30 PM EXTENDED CLASS

3.00 PM BINGO / BOARD GAMES



SALON SERVICES 

THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

1:30 PM BALL GAMES / BASKETBALL /  
BOWLING

3:00 PM DISCUSSION OF  
PREVIOUS ACTIVITIES



SALON SERVICES 

THURSDAY EVENING

6:30 MOVIE NIGHT & LIGHT REFRESHMENTS



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

1:30 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY



*Daily Sparkle*

3:00 PM WALK IN THE GARDEN!



SATURDAY

11:00 AM DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

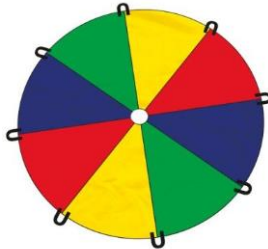


LUNCH FOLLOWED BY RELAXATION

1:30 PM HEALTH ENHANCING  
PHYSICAL ACTIVITY



3:00 PM PARACHUTE AND GAMES!



SATURDAY EVENING

6.30 PM MOVIE NIGHT:  
MOVIE OF CHOICE  
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



11: 00 AM SUNDAY MORNING - MASS (ON T.V.)



1:30 PM SONG THERAPY



3:00 PM BINGO AND CARD GAMES



SUNDAY EVENING

6:30 PM MOVIE NIGHT: CARMEN OPERA

