

ACTIVITIES TIMETABLE WEEK BEGINNING: 20th JULY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER



2:00 PM GERRY'S GYM (YOUTUBE)

(PHYSICAL ACTIVITY)

3:00 PM BOARD GAMES!



TUESDAY

11:00 AM HEALTH ENHANCING PHYSICAL ACTIVITY



2:00 PM ARTS AND CRAFTS!



3:00 PM TEA AND COFFEE AFTERNOON



SALON SERVICES



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER



2:00 PM EXTENDED CLASS

Daily Sparkle

3:00 PM BINGO!



SALON SERVICES 

THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER



2:00 PM IMAGINATION GYM

Daily Sparkle

**3:00 PM LISTENING TO
FAVOURITE SONGS!**



SALON SERVICES 

THURSDAY EVENING

6:30 PM QUIZ NIGHT WITH LIGHT REFRESHMENTS



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

2:00 PM CHAIR GYM (GERRY'S GYM)

Daily Sparkle



3:00 PM BOARD GAMES / PUZZLES!



SATURDAY

11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM LIGHT HAND MASSAGE



3:00 PM BALL GAMES!



SATURDAY EVENING

6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



**11: 00 AM SUNDAY SERVICE
HOLY COMMUNION**

2:00 PM SONG THERAPY



3:00 PM MUSICAL ENTERTAINMENT



SUNDAY EVENING

**6:30 PM MOVIE NIGHT:
OPERA NIGHT**

