

ACTIVITIES TIMETABLE WEEK BEGINNING: 6th JULY 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 PM GERRY'S GYM / SIEL BLEU

(PHYSICAL ACTIVITY)

3:00 PM LISTENING TO FAVOURITE SONGS!



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM ARTS AND CRAFTS!



SALON SERVICES



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER



1:30 PM EXTENDED CLASS

Daily Sparkle

3:00 PM BINGO / BOARD GAMES



SALON SERVICES 

THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER

2:00 PM IMAGINATION GYM



Daily Sparkle

3:00 PM FUN AND GAMES!



Fun for Seniors

THURSDAY EVENING

6:30 MOVIE NIGHT & LIGHT REFRESHMENTS



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

2:00 PM SONG THERAPY

Daily Sparkle



2:15 PM LIGHT MASSAGE THERAPY!

3:00 PM MANICURE DAY!



SATURDAY

11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle



1:30 PM LIGHT MASSAGE AND THERAPY

3:00 PM HEALTH ENHANCING
PHYSICAL ACTIVITY



SATURDAY EVENING

6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



**11: 00 AM SUNDAY SERVICE
HOLY COMMUNION**



1:30 PM MUSICAL ENTERTAINMENT



SUNDAY EVENING

**6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS**

