

**ACTIVITIES TIMETABLE WEEK BEGINNING: 24<sup>th</sup> AUGUST 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**



**11:00 AM MORNING PRAYER & EXERCISE**

**2:00 PM DAILY SPARKLE / SIEL BLEU GYM**

**3:00 PM TEA OR COFFEE DISCUSSION  
OF PAST ACTIVITIES**

**Daily Sparkle**



**TUESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM ARTS AND CRAFTS!**



**3:00 PM LISTENING TO  
FAVOURITE SONGS**

**SALON SERVICES ALL DAY**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**



**2:00 PM EXTENDED CLASS**

*Daily Sparkle*

**3:00 PM BALL GAMES / BASKETBALL**



**SALON SERVICES ALL DAY**



**THURSDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**



**2:00 PM O.T. WITH EMMA**

*Daily Sparkle*

**3:00 PM IMAGINATION GYM**



**SALON SERVICES ALL DAY**



**THURSDAY EVENING**

**6:30 PM QUIZ NIGHT (WATERFALL)**



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

2:00 PM SONG THERAPY

Daily Sparkle



3:00 PM HAIR AND NAIL CARE



SATURDAY

11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM SONG THERAPY



3:00 PM LIGHT MASSAGE



SATURDAY EVENING

6:30 PM MOVIE NIGHT:  
MOVIE OF CHOICE  
AND LIGHT REFRESHMENTS



**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**

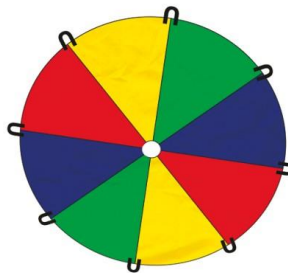


**11:00 AM DAILY PRAYER & SUNDAY SERVICE ON T.V.**

**2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY**



**3:00 PM PARACHUTE AND GAMES**



**SUNDAY EVENING**

**6:30 PM MOVIE NIGHT:  
MOVIE OF CHOICE WITH LIGHT  
REFRESHMENTS**

