

ACTIVITIES TIMETABLE WEEK BEGINNING: 31st AUGUST 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY



11:00 AM MORNING PRAYER & EXERCISE

2:00 PM DAILY SPARKLE / SIEL BLEU GYM

**3:00 PM TEA OR COFFEE DISCUSSION
OF PAST ACTIVITIES**

Daily Sparkle



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM ARTS AND CRAFTS!



**3:00 PM LISTENING TO
FAVOURITE SONGS**

SALON SERVICES ALL DAY



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER



2:00 PM EXTENDED CLASS

Daily Sparkle

3:00 PM BALL GAMES / BASKETBALL



SALON SERVICES ALL DAY



THURSDAY

11:00 AM DAILY SPARKLE NEWSLETTER



2:00 PM O.T. WITH EMMA

Daily Sparkle

3:00 PM IMAGINATION GYM



SALON SERVICES ALL DAY



THURSDAY EVENING

6:30 PM MOVIE NIGHT: MOVIE OF CHOICE



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

2:00 PM SONG THERAPY

Daily Sparkle



3:00 PM HAIR AND NAIL CARE



SATURDAY

11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM SONG THERAPY



3:00 PM LIGHT MASSAGE



SATURDAY EVENING

6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING

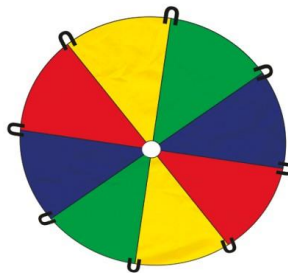


11:00 AM DAILY PRAYER & SUNDAY SERVICE ON T.V.

2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY



3:00 PM PARACHUTE AND GAMES



SUNDAY EVENING

**6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE WITH LIGHT
REFRESHMENTS**

