

ACTIVITIES TIMETABLE WEEK BEGINNING: 28th SEPTEMBER 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER



2:00 SIEL BLEU CHAIR GYM

3:00 PM PREPARATION FOR TEA PARTY



TUESDAY

10:30 DAILY SPARKLE



2:00 PM ARTS AND CRAFTS!



3:00 PM LISTENING TO FAVORITE SONGS



SALON SERVICE ALL DAY



WEDNESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 PM BAKING / GARDENING

3:00 PM EXTEND CLASS



SALON SERVICE ALL DAY



THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM IMAGINATION GYM



3:00 PM LISTENING TO FAVOURITE SONGS



SALON SERVICE ALL DAY



THURSDAY EVENING

6:30 PM MOVIE NIGHT: MAMA MIA!



FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

2:00 PM HEALTH ENHANCING

PHYSICAL ACTIVITY



Daily Sparkle

**3:00 PM BALL GAMES
(BASKETBALL, BOWLING)**



SATURDAY

10:30 DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM SONG THERAPY



3:00 PM LAUGHTER YOGA



SATURDAY EVENING

**6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS**



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:30 AM SUNDAY SERVICE / T.V. MASS

2:00 DAILY SPARKLE

Daily Sparkle

3:00 PM MUSICAL ENTERTAINMENT



SUNDAY EVENING

**6:30 PM MOVIE NIGHT: MOVIE OF
CHOICE WITH LIGHT REFRESHMENTS**

