

ACTIVITIES TIMETABLE WEEK BEGINNING: 05th OCTOBER 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 SIEL BLEU CHAIR GYM

3:00 DAILY SPARKLE

Daily Sparkle

TUESDAY

10:30 DAILY SPARKLE

Daily Sparkle

2:00 PM ARTS AND CRAFTS!



3:00 PM DAILY SPARKLE

Daily Sparkle



SALON SERVICE ALL DAY

WEDNESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM EXTEND CLASS



3:00 PM LISTENING TO FAVOURITE SONGS



SALON SERVICE ALL DAY



THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM IMAGINATION GYM



3:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY

SALON SERVICE ALL DAY



THURSDAY EVENING

6:30 PM MOVIE NIGHT!

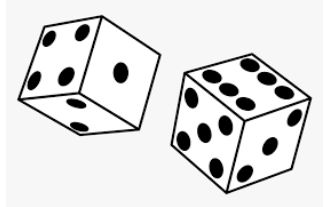


FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

2:00 PM SIEL BLUE CHAIR GYM

Daily Sparkle



3:00 PM BOARD GAMES/ BINGO



SATURDAY

10:30 DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM LAUGHTER YOGA



3:00 PM BALLGAMES / TENNIS / BASKETBALL



SATURDAY EVENING

6:30 PM MOVIE NIGHT:
MOVIE OF CHOICE
AND LIGHT REFRESHMENTS



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:30 AM SUNDAY SERVICE / T.V. MASS

2:00 SONG THERAPY



3:00 PM MUSICAL ENTERTAINMENT



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SUNDAY EVENING

**6:30 PM MOVIE NIGHT: MOVIE OF
CHOICE WITH LIGHT REFRESHMENTS**

