

ACTIVITIES TIMETABLE WEEK BEGINNING: 23rd NOVEMBER 2020

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

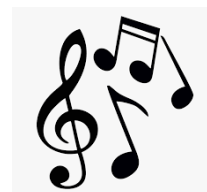
MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER



2:00 PM SING-ALONG SESSIONS

3:00 PM CHAIR GYM SIEL BLEU



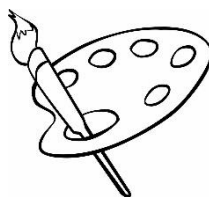
TUESDAY

10:30 AM DAILY SPARKLE



2:00 PM ARTS AND CRAFTS

3:00 PM AQUAPainting



SALON SERVICE ALL DAY



WEDNESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 PM EXTENDED CLASS



3:00 PM BAKING / POETRY READING

SALON SERVICE ALL DAY



THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM BOARD GAMES / BINGO

BINGO

14	29	38	52	74
4	18	33	46	62
7	16	★	60	71
9	27	44	51	67
12	23	35	47	73

3:00 PM RELAXING WHILE LISTENING TO MUSIC



SALON SERVICE ALL DAY

THURSDAY EVENING

6:00 PM EVENING ENTERTAINMENT



FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

2:30 PM REMINISCENCE OF OLD PHOTOS

Daily Sparkle

3:00 PM DISCUSSION OF GOOD OLD DAYS



SATURDAY

10: 30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM NAIL AND SPA DAY



**6:30 PM MOVIE NIGHT: MOVIE OF
CHOICE WITH LIGHT REFRESHMENTS**



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:30 AM EXERCISE AND PRAYER

2:00 PM RUGBY MATCH: IRELAND VS GEORGIA!



SUNDAY EVENING

6:00 PM MOVIE NIGHT OF CHOICE

