

**ACTIVITIES TIMETABLE WEEK BEGINNING: 28<sup>th</sup> DECEMBER 2020**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY**

**3:00 PM BALL GAMES**



**TUESDAY**

**10:30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM ARTS AND CRAFTS**

**3:00 PM LISTENING TO FAVORITE MUSIC**



**WEDNESDAY**

**10:30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM EXTENDED CLASS**

**3:00 PM NAIL AND SPA DAY**

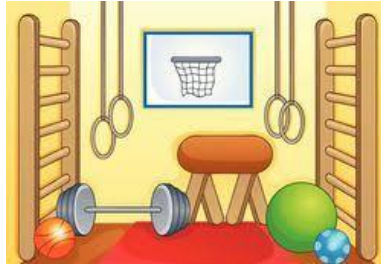


**THURSDAY**

**10:30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM IMAGINATION GYM**



**THURSDAY EVENING**

**6:30 PM NEW YEAR'S EVE CELEBRATORY DRINKS**



FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

10:30 AM NEW YEAR'S MASS

Daily Sparkle



2:00 PM NEW YEAR'S DINNER

6:30 PM FESTIVE DRINKS AND TREATS



SATURDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM NAIL AND SPA DAY



Whisper Spa & Day

**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**10:30 AM SUNDAY MASS**

**2:00 PM SONG THERAPY**

**3:00 PM MUSICAL ENTERTAINMENT**

