

ACTIVITIES TIMETABLE WEEK BEGINNING: 4TH JANUARY 2021

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY



3:00 PM SIEL BLUE CHAIR GYM



TUESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM ARTS AND CRAFTS

3:00 PM LISTENING TO FAVORITE SONGS

DANIEL O'DONELL / FRANK SINATRA

MAEVE MELLON'S 93RD BIRTHDAY CELEBRATION

SALON SERVICE ALL DAY



WEDNESDAY

10:30 AM MORNING MASS AND DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM EXTENDED CLASS



3:00 PM BALL GAMES/ BOARD GAMES



SALON SEVICE ALL DAY

THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM IMAGINATION GYM



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3:00 PM LIGHT MASSAGE THERAPY



FRIDAY

10:30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 PM SIEL BLUE CHAIR GYM

**3:00 PM JIGSAW/
BOARDGAMES**



SATURDAY

10: 30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM BINGO



3:00 PM NAIL SPA / CARE



Wendy Sue Boyd

SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:30 AM SUNDAY MASS AND DAILY SPARKLE



2:00 PM SONG THERAPY



3:00 PM MUSICAL ENTERTAINMENT

NANCY HANLEY'S 74TH BIRTHDAY CELEBRATION

