

ACTIVITIES TIMETABLE WEEK BEGINNING: 11TH JANUARY 2021

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

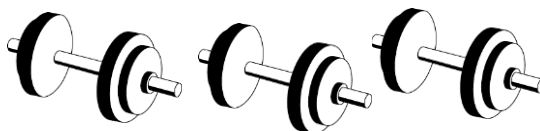
ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM IMAGINATION GYM



3:00 PM LIGHT MASSAGE THERAPY



TUESDAY

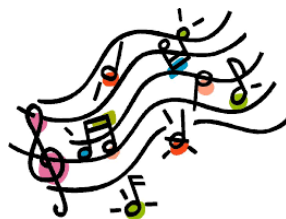
10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

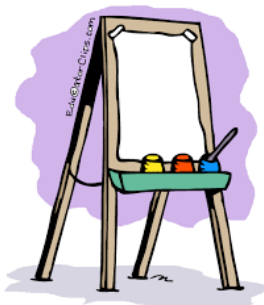
2:00 PM ARTS AND CRAFTS



3:00 PM LISTENING TO FAVORITE MUSIC



SALON SERVICE ALL DAY



WEDNESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM EXTENDED CLASS/ SIEL BLUE CHAIR GYM



3:00 PM BALL GAMES (BASKETBALL / VOLLEYBALL)



SALON SEVICE ALL DAY



THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

1:30 PM VIRTUAL CHOIR (ASI)



6:30 PM QUIZ NIGHT W/ LIGHT REFRESHMENTS



FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

**2:00 PM SIEL BLUE
CHAIR GYM**



**3:00 PM PARACHUTE
ACTIVITY**

SATURDAY

10: 30 AM AND DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM LIGHT MASSAGE THERAPY



3:00 PM REMINISCENCE THERAPY



6:30 PM MOVIE NIGHT "MAMA MIA"

MAMMA MIA!



SUNDAY

READING SUNDAY NEWSPAPERS AND RELAXING



10:30 AM SUNDAY TV MASS

2:00 PM SONG THERAPY



3:00 PM MUSICAL ENTERTAINMENT

