

**ACTIVITIES TIMETABLE WEEK BEGINNING: 4<sup>TH</sup> JANUARY 2021**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY**



**3:00 PM SIEL BLUE CHAIR GYM**



**TUESDAY**

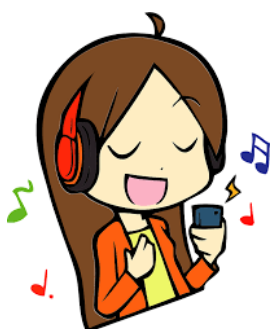
**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM ARTS AND CRAFTS**

**3:00 PM LISTENING TO FAVORITE SONGS**

**DANIEL O'DONELL / FRANK SINATRA**



**SALON SERVICE ALL DAY**

**WEDNESDAY**

**10:30 AM MORNING MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM EXTENDED CLASS**



**3:00 PM BALL GAMES/ BOARD GAMES**



**SALON SEVICE ALL DAY**

**THURSDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM IMAGINATION GYM**



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**3:00 PM LIGHT MASSAGE THERAPY**



**FRIDAY**

**10:30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**



**2:00 PM SIEL BLUE CHAIR GYM**

**3:00 PM JIGSAW/  
BOARDGAMES**



**SATURDAY**

**10: 30 AM DAILY MASS AND DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM BINGO**



**3:00 PM NAIL SPA / CARE**



*Wanda Sue Boyd*

**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**10:30 AM SUNDAY MASS AND DAILY SPARKLE**



**2:00 PM SONG THERAPY**



**3:00 PM MUSICAL ENTERTAINMENT**

