

**ACTIVITIES TIMETABLE WEEK BEGINNING: 1<sup>st</sup> March 2021**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM SIEL BLUE CHAIR GYM**



**3:00 PM FLOWER ARRANGING**



**TUESDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM ARTS & CRAFTS**



**3:00 PM ROCKING WITH ELVIS' SONGS/HITS**

**GREATEST HITS**



**WEDNESDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM PLANTING DAY (GARDEN/BALCONY) IF THE WEATHER PERMITS**



**3:00 PM EXTENDED CLASSES**



**THURSDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**11:00 AM MICROSOFT ONLINE BINGO**



**2:00 PM BOOK CLUB (WATERFALL LIBRARY)**

**VIRTUAL CHOIR (HARBOUR & LIGHTHOUSE)**



**FRIDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM IMAGINATION GYM**



**3:00 PM LISTENING TO FAVOURITE MUSIC**



**SATURDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY**



**3:00 PM BALLGAMES (BASKETBALL/VOLLEYBALL)**



**SUNDAY**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**11:10 AM SUNDAY SERVICE**



**2:00 PM SONG THERAPY**



**3:00 PM SING SONGS SUNDAY**

