

**ACTIVITIES TIMETABLE WEEK BEGINNING: 5<sup>th</sup> APRIL 2021**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**MORNING PRAYER, TEA AND COFFEE**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM GARDEN MONDAY**

**15:00 MONDAY SMOOTHIES**



**TUESDAY**

**10:30 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**2:00 PM ARTS & CRAFTS**

**3:00 PM CARAMEL POPCORN DAY  
WHILE WATCHING MOVIE**



**SALON SERVICES ALL DAY**

**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**13:30 NO SEW LAVENDER SACHETS**

**15:00 BOOK CLUB**



**INFUSED WATER WEDNESDAY!**



**SALON SERVICE ALL DAY**

**THURSDAY**

**14:00 VIRTUAL CHOIR WITH ASI**



**15:30 MICROSOFT ONLINE BINGO**



**18:30 MOVIE NIGHT: IRELAND VS. ENGLAND**



**FRIDAY**

**MORNING PRAYER, TEA AND COFFEE**

**14:00 HELATH ENHANCING PHYSICAL ACTIVITY**



**15:00 HAND AND NAIL SPA  
LEMONADE DAY!**



**SATURDAY**

**MORNING PRAYER, TEA AND COFFEE**

**13:30 IMAGINATION GYM**



**15:00 LIGHT MASSAGE THERAPY**



**ICE CREAM FLOATS DAY!**



**SUNDAY**

**MORNING PRAYER, TEA AND COFFEE**

**READING SUNDAY NEWSPAPERS AND RELAXING**



**11:00 AM SUNDAY SERVICE – TV MASS**



**13:30 SONG THERAPY**



**15:00 MUSICAL ENTERTAINMENT**

