

ACTIVITIES TIMETABLE WEEK BEGINNING: 9th AUGUST 2021

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM HEALTH ENHANCING PHYSICAL ACTIVITY



3:00 PM LIBRARY: BOOK LOVERS DAY



SMOOTHY MONDAY



TUESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM FOOT BALL / BOWLING



4:00 PM AFTERNOON TEA PARTY



WEDNESDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



2:00 PM MUSIC DAY



3:00 PM WATERY WEDNESDAY

DRINK YOUR LIQUIDS!



THURSDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM BATON DAY



3:00 PM IMAGINATION GYM



ICE CREAM FLOATS DAY



FRIDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

2:00 PM LISTENING TO FAVOURITE MUSIC



3:00 PM AFTERNOON TEA OR COFFEE



FRUITFUL FRIDAY



6:00 PM MOVIE NIGHT

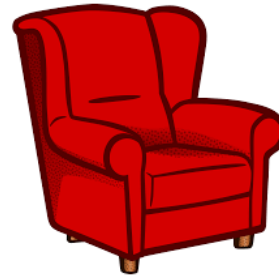
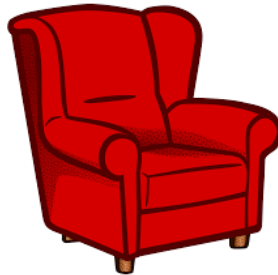


SATURDAY

10:30 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

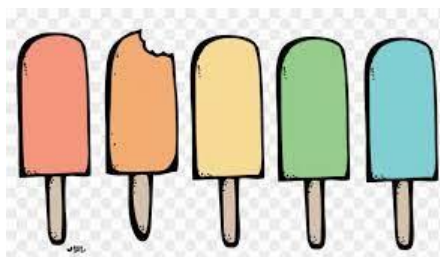
2:00 PM ARMCHAIR TRAVEL



3:00 PM MOVIE DAY



ICE LOLLY DAY



SUNDAY

10:30 AM DAILY SERVICE / SUNDAY MASS



2:00 PM SONG THERAPY / RELAXING DAY



MILK SHAKE SUNDAY

