

**ACTIVITIES TIMETABLE WEEK BEGINNING: 18<sup>th</sup> OCTOBER 2021**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER**

*Daily Sparkle*

**14:00 START OF HALLOWEEN DECORATING**



**15:00 CHOCOLATE CUPCAKE DAY**



**TUESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER**

*Daily Sparkle*

**14:00 PM ARTS AND CRAFTS: HALLOWEEN THEME**



**AFTERNOON TEA  
OR COFFEE**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS**

*Daily Sparkle*

**14:00 OT DAY**



**15:30 WORLD SLOW DOWN DAY**



**THURSDAY**

**11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER**

*Daily Sparkle*

**14:00 ASI VIRTUAL CHOIR**



**15:00 CHAIR GYM**



**FRIDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**14:00 BALL GAMES**



**15:30 HALLOWEEN THEME**



**SATURDAY**

**MORNING PRAYER, TEA AND COFFEE**



**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**14:00 MOVIE SATURDAY**



**SUNDAY**

**MORNING PRAYER, TEA AND COFFEE**



**READING SUNDAY NEWSPAPERS AND RELAXING**



**11:10 AM SUNDAY SERVICE**



**14:00 GET HEALTHY DAY: ARMCHAIR EXERCISES**

