

ACTIVITIES TIMETABLE WEEK BEGINNING: 4th OCTOBER 2021

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER



14:00 WORLD SMILEY DAY (ARTS & CRAFTS)



15:00 HAND MASSAGE



SMOOTHY MONDAY

TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER



14:00 PM CARD MAKING DAY



**15:30 CHAIR GYM
AFTERNOON TEA
OR COFFEE**



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS

Daily Sparkle

14:00 OT DAY



15:30 FOLDING DAY



ICED TEA WEDNESDAY



THURSDAY

11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER

Daily Sparkle

VACCINE BOOSTER DAY!



18:00 RELAXING EVENING



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 BALL GAMES



15:30 HAND MASSAGE



SATURDAY

MORNING PRAYER, TEA AND COFFEE



11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 MOVIE AFTERNOON



MILK SHAKE SATURDAY



