

ACTIVITIES TIMETABLE WEEK BEGINNING: 24th JANUARY 2022

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER

Daily Sparkle

14:00 IMAGINATION GYM



LIGHT MASSAGE THERAPY



TUESDAY

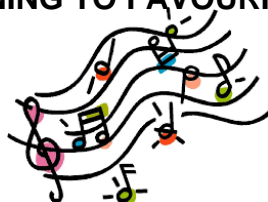
11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER

Daily Sparkle

14:30 ARTS AND CRAFTS



LISTENING TO FAVOURITE MUSIC



AFTERNOON TEA



OR COFFEE



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS

Daily Sparkle

14:30 OT WITH SARAH



BALL GAMES



THURSDAY

11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER

Daily Sparkle

14:00 EXTENDED PHYSICAL THERAPY CLASS WITH JANET



RELAXATION THERAPY



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:30 BINGO



BOARD GAMES



SATURDAY



MORNING PRAYER, TEA AND COFFEE

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 REMINISCENCE THERAPY



18:30 MOVIE NIGHT

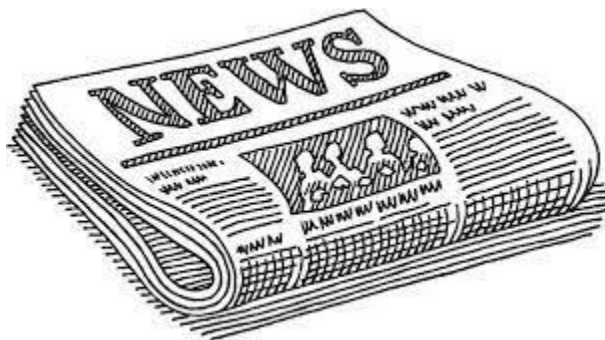


SUNDAY

MORNING PRAYER, TEA AND COFFEE



READING SUNDAY NEWSPAPERS AND RELAXING



11:00AM SUNDAY SERVICE



14:30 MUSIC ENTERTAINMENT

