

**ACTIVITIES TIMETABLE WEEK BEGINNING: 3<sup>rd</sup> JANUARY 2022**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

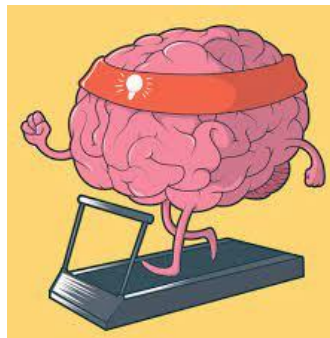
**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER**

*Daily Sparkle*

**14:00 IMGAINATION GYM**



**TUESDAY**

**14:30 ARTS AND CRAFTS**



**15:30 BOOK CLUB**



**AFTERNOON TEA  
OR COFFEE**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS**

**Daily Sparkle**

**14:30 OT with Sarah**



**BALL GAMES**



**THURSDAY**

**11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER**

**Daily Sparkle**

**14:00 EXTENDED PHYSICAL THERAPY CLASS WITH JANET**



**BOARD GAMES**



**FRIDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**14:30 BINGO**



**MOVIE NIGHT**



**SATURDAY**



**MORNING PRAYER, TEA AND COFFEE**



**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**RELAXATION THERAPY**



**MOVIE**



**SUNDAY**

**MORNING PRAYER, TEA AND COFFEE**



**READING SUNDAY NEWSPAPERS AND RELAXING**



**11:10 AM SUNDAY SERVICE**



**14:30 MUSIC SING-ALONG WITH HEDDA/SEAN**

