

ACTIVITIES TIMETABLE WEEK BEGINNING: 21<sup>st</sup> FEBRUARY 2022

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER

Daily Sparkle

14:00 ARTS & CRAFT



LISTENING TO FAVOURITE MUSIC



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER

Daily Sparkle

14:00 BALL GAMES



BINGO



AFTERNOON TEA



OR COFFEE



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS**

**Daily Sparkle**

**14:00 OT DAY**



**BOOK CLUB**



**THURSDAY**

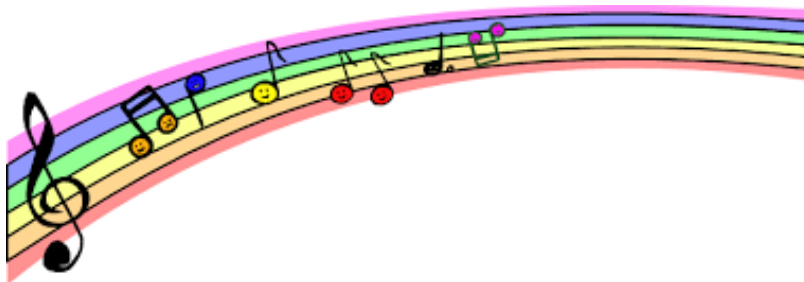
**11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER**

**Daily Sparkle**

**14:00 EXTENDED PHYSICAL THERAPY CLASS WITH JANET**



**MUSIC THERAPY**



**FRIDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**14:00 CHAIR GYM**



**FRUITFUL FRIDAY**



**SATURDAY**



**MORNING PRAYER, TEA AND COFFEE**

**11:00 AM DAILY SPARKLE NEWSLETTER**

**Daily Sparkle**

**14:00 IMAGINATION GYM**



**18:30 SATURDAY MOVIE NIGHT**



**SUNDAY**

**MORNING PRAYER, TEA AND COFFEE**



**READING SUNDAY NEWSPAPERS AND RELAXING**



**11:00AM SUNDAY SERVICE**



**14:30 MUSIC ENTERTAINMENT**

