

ACTIVITIES TIMETABLE WEEK BEGINNING: 28th FEBRUARY 2022

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER

Daily Sparkle

14:00 BALL GAMES



HAND & NAIL MASSAGE



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER

Daily Sparkle

14:00 ARTS AND CRAFT



BOARD GAMES / PANCAKE TUESDAY



SHROVE TUESDAY



AFTERNOON TEA

OR COFFEE



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS

Daily Sparkle

14:00 OT DAY



ASH WEDNESDAY



MUSIC CLASS



THURSDAY

11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER

Daily Sparkle

14:00 EXTENDED PHYSICAL THERAPY CLASS WITH JANET



BOOK CLUB



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 CHAIR GYM



FRIDAY NIGHT MOVIE



SATURDAY



MORNING PRAYER, TEA AND COFFEE



11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 RELAXATION THERAPY



BINGO



SUNDAY

MORNING PRAYER, TEA AND COFFEE



READING SUNDAY NEWSPAPERS AND RELAXING



11:00AM SUNDAY SERVICE



14:30 MUSIC ENTERTAINMENT

