

ACTIVITIES TIMETABLE WEEK BEGINNING: 30th MAY 2022

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS

MONDAY

11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER

Daily Sparkle

14:00 BINGO



SMOOTHIE MONDAY



TUESDAY

11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER

Daily Sparkle

14:00 ARTS & CRAFTS



LIGHT EXERCISES



AFTERNOON TEA

OR COFFEE



WEDNESDAY

11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS

Daily Sparkle

14:00 LISTENING TO FAVOURITE MUSIC



OT WITH SEAN



THURSDAY

11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER

Daily Sparkle

14:00 EXTENDED PHYSICAL THERAPY CLASS



RELAXATION THERAPY



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 CHAIR GYM



BALL GAMES



SATURDAY



MORNING PRAYER, TEA, AND COFFEE



11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 BOOK CLUB



BOARD GAMES



SUNDAY

MORNING PRAYER, TEA, AND COFFEE



READING SUNDAY NEWSPAPERS AND RELAXING



11:00AM EASTER MASS



14:00 MUSIC WITH HEDDA/SEAN

