

**ACTIVITIES TIMETABLE WEEK BEGINNING: 06<sup>th</sup> JUNE 2022**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**ACTIVITIES CO-ORDINATOR VISITS RESIDENTS IN THEIR ROOMS**

**MONDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/COVID-19 NEWSLETTER**

*Daily Sparkle*

**14:00 ARTS & CRAFT**



**HAND MASSAGE THERAPY**



**TUESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER / COVID-19 NEWSLETTER**

*Daily Sparkle*

**14:00 FITNESS DAY**



**BOOK CLUB**



**AFTERNOON TEA**

**OR COFFEE**



**WEDNESDAY**

**11:00 AM DAILY SPARKLE NEWSLETTER/ COVID – 19 NEWSLETTERS**

**Daily Sparkle**

**14:00 MUSIC THERAPY**



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**OT WITH SEAN**



**THURSDAY**

**11:00 DAILY SPARKLE NEWSLETTER / COVID – 19 NEWSLETTER**

**Daily Sparkle**

**14:00 EXTENDED PHYSICAL THERAPY CLASS**



**SING-ALONG SESSION**



FRIDAY

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 BINGO



IMAGINATION GYM



SATURDAY



MORNING PRAYER, TEA, AND COFFEE



11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 BALL GAMES/ BOARD GAMES



RELAXING AND UNWINDING



**SUNDAY**

**MORNING PRAYER, TEA, AND COFFEE**



**READING SUNDAY NEWSPAPERS AND RELAXING**



**11:00AM EASTER MASS**



**14:00 MUSIC WITH HEDDA/SEAN**

