

**ACTIVITIES TIMETABLE WEEK BEGINNING: 13<sup>th</sup> FEBRUARY 2023**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**MONDAY 13<sup>th</sup> of February**

**10:30 AM MASS ON RTE NEWS**



**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**14:00 EXERCISE CLASS WATERFALL WITH  
BLU SIEL**



**ALL DAY VALENTINES ARTS AND CRAFTS  
(ALL FLOORS)**



**TUESDAY 14<sup>th</sup> of February**

**10:30 AM MASS ON RTE NEWS**



**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*



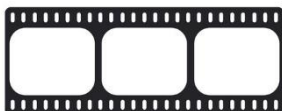
**VALENTINES DAY CELEBRATION**



**ROMANTIC MOVIES**

**LOVE SONGS**

**GAMES AND TREATS!**



**14:00 DOG THERAPY**



WEDNESDAY 15<sup>th</sup> of February



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

## Daily Sparkle

13:30 LIVE MUSIC LIGHTHOUSE

14:30 LIVE MUSIC WATERFALL



15:30 BINGO



THURSDAY 16<sup>th</sup> of February



10:30 AM MASS ON RTE NEWS

11:00 DAILY SPARKLE NEWSLETTER

## Daily Sparkle

13:30 CRAFT WORKSHOP

EXERCISE WITH JANET

14:00 LIGHTHOUSE LOUNGE

14:30 HARBOUR LOUNGE



**FRIDAY 17<sup>th</sup> of February**



**10:30 AM MASS ON RTE NEWS**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*



**14:00 LIVE MUSIC IN HARBOUR**

**14:50 LIVE MUSIC WATERFALL**

**15:15 REMINISCING VIDEOS**

**(ALL FLOORS AND BEDROOMS)**



**SATURDAY 18<sup>th</sup> of February**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**13:30 MASS – HYMNS & PRAYERS WITH  
LEGION OF MARY**



*Legion  
of Mary*

**PARACHUTE GAMES**

**14:00 HARBOUR LOUNGE**

**14:40 WATERFALL LOUNGE**

**15:00 LIGHTHOUSE LOUNGE**



**SUNDAY 19<sup>th</sup> of February**

**READING SUNDAY NEWSPAPERS AND RELAXING**

**10:00 AM MASS ON RTE 1**



**11:00 DAILY SPARKLE**

**14:00 LIVE MUSIC WITH HEDDA / SEAN**



**14:00 LIGHTHOUSE LOUNGE**

**14:30 WATERFALL LOUNGE**

**15:00 HARBOUR LOUNGE**