

ACTIVITIES TIMETABLE WEEK BEGINNING: 20th FEBRUARY 2023

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

MONDAY 20th of February



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

**14:00 EXERCISE CLASS LIGHTHOUSE WITH
BLU SIEL**



14:00 HARBOUR PARACHUTE GAMES

14:40 WATERFALL PARACHUTE GAMES

15:00 LIGHTHOUSE GAMES



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TUESDAY 21st of February



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 SOUND BATH WORKSHOP IN LIGHTHOUSE

14:00 DOG THERAPY



14:30 PANCAKE TUESDAY

WEDNESDAY 22nd of February



10:30 AM MASS ON RTE NEWS
11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 LIVE MUSIC LIGHTHOUSE
14:30 LIVE MUSIC WATERFALL



15:30 BINGO



THURSDAY 23rd of February



10:30 AM MASS ON RTE NEWS
11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 CRAFT WORKSHOP
EXERCISE WITH JANET
14:00 LIGHTHOUSE LOUNGE
14:30 HARBOUR LOUNGE



FRIDAY 24th of February



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle



14:00 LIVE MUSIC IN HARBOUR

14:40 LIVE MUSIC WATERFALL

15:00 ARTS & CRAFTS (FLOWER PAINTING)



SATURDAY 25th of February

11:00 AM DAILY SPARKLE NEWSLETTER

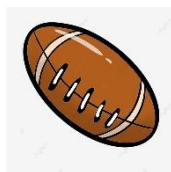
Daily Sparkle

13:30 MASS – HYMNS & PRAYERS WITH
LEGION OF MARY



Legion
of Mary

13:30 BALL GAMES



SIX NATIONS RUGBY



14:15 ITALY VS IRELAND



16:45 WALES VS ENGLAND



SUNDAY 26th of February

READING SUNDAY NEWSPAPERS AND RELAXING

10:00 AM MASS ON RTE 1



11:00 DAILY SPARKLE

14:00 LIVE MUSIC WITH HEDDA / SEAN



14:00 LIGHTHOUSE LOUNGE

14:30 WATERFALL LOUNGE

15:00 HARBOUR LOUNGE

SIX NATIONS RUGBY

15:00 FRANCE VS SCOTLAND

