

**ACTIVITIES TIMETABLE WEEK BEGINNING: 15<sup>th</sup> MAY 2023**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**MONDAY 15<sup>th</sup> of May**



**10:30 AM MASS ON RTE NEWS**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*



**14:00 DANCE CLASS HARBOUR WITH MARK**



**15:30 BALL GAMES WATERFALL**

**TUESDAY 16<sup>th</sup> of May**



**10:30 AM MASS ON RTE NEWS**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*



**14:00 EXERCISE IN WATERFALL**



**15:30 ARTS & CRAFTS LIGHT HOUSE**



WEDNESDAY 17<sup>th</sup> of May



10:30 AM MASS ON RTE NEWS  
11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 MUSIC BINGO WATERFALL



THURSDAY 18<sup>th</sup> of May



10:30 AM MASS ON RTE NEWS  
11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 CRAFT WORKSHOP IN HARBOUR



14:45 EXERCISE IN LIGHTHOUSE



FRIDAY 19<sup>th</sup> of May



10:30 AM MASS ON RTE NEWS  
11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 MUSIC BINGO WATERFALL



15:00 DANCE CLASS LIGHTHOUSE WITH MARK



SATURDAY 20<sup>th</sup> of May

11:00 AM DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

13:30 MASS – HYMNS & PRAYERS WITH  
LEGION OF MARY IN LIGHTHOUSE DINING ROOM



SUNDAY 21<sup>th</sup> of May

READING SUNDAY NEWSPAPERS AND RELAXING

10:00 AM MASS ON RTE 1



11:00 DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

13:30 ARTS AND CRAFTS IN WATERFALL



13:30 MUSIC BINGO WATERFALL



15:30 EXERCISE IN HARBOUR

