

ACTIVITIES TIMETABLE WEEK BEGINNING: 28th AUGUST 2023

EVERY MORNING:



CUP OF TEA AND CHAT FOLLOWED BY READING



DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS

MONDAY 28/08/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

**AFTERNOON ACTIVITY
EXERCISES IN THE LOUNGE**



14:00 SIEL BLEU



TUESDAY 29/08/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

**AFTERNOON ACTIVITY IN THE LOUNGE
BALL GAMES**



WEDNESDAY 30/08/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

AFTERNOON ACTIVITIES IN THE LOUNGE



LIVE MUSIC ENTERTAINMENT



HANDS / LEGS MASSAGES WITH FOREVER THERAPIES



THURSDAY 31/08/2023



10:30 AM MASS ON RTE NEWS

11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

AFTERNOON ACTIVITIES

GARDENING WITH ANNIE

ARTS AND CRAFTS

WITH COPPER AND FERN EVENTS



FRIDAY 01/09/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

LIVE MUSIC ENTERTAINMENT



SATURDAY 02/09/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

Daily Sparkle

13:30 MASS – HYMNS & PRAYERS WITH
LEGION OF MARY IN LIGHTHOUSE DINING ROOM



*Legion
of Mary*

SUNDAY 03/09/2023

READING SUNDAY NEWSPAPERS AND RELAXING

10:00 AM MASS ON RTE 1



11:00 DAILY SPARKLE NEWSLETTER

Daily Sparkle

14:00 LIVE MUSIC WITH HEDDA / SEAN

14:00 LIGHTHOUSE LOUNGE

14:30 WATERFALL LOUNGE

15:00 HARBOUR LOUNGE



