

**ACTIVITIES TIMETABLE WEEK BEGINNING: 4<sup>TH</sup> SEPTEMBER 2023**

**EVERY MORNING:**



**CUP OF TEA AND CHAT FOLLOWED BY READING**



**DAILY NEWSPAPERS AND GENERAL DISCUSSION ON NEWS AND EVENTS**

**MONDAY 04/09/2023**



**10:30 AM MASS ON RTE NEWS**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**AFTERNOON ACTIVITY  
EXERCISES IN THE LOUNGE**



**14:00 SIEL BLEU**



**TUESDAY 05/09/2023**



**10:30 AM MASS ON RTE NEWS**

**11:00 AM DAILY SPARKLE NEWSLETTER**

*Daily Sparkle*

**14:30 DOG THERAPY WITH JASPER**



WEDNESDAY 06/09/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

**Daily Sparkle**

AFTERNOON ACTIVITIES IN THE LOUNGE



LIVE MUSIC ENTERTAINMENT



HANDS / LEGS MASSAGES WITH FOREVER THERAPIES



THURSDAY 07/09/2023



10:30 AM MASS ON RTE NEWS

11:00 DAILY SPARKLE NEWSLETTER

**Daily Sparkle**

AFTERNOON ACTIVITIES

GARDENING WITH ANNIE

ARTS AND CRAFTS

WITH COPPER AND FERN EVENTS



FRIDAY 08/09/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

**Daily Sparkle**

LIVE MUSIC ENTERTAINMENT



SATURDAY 09/09/2023



10:30 AM MASS ON RTE NEWS

11:00 AM DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

13:30 MASS – HYMNS & PRAYERS WITH  
LEGION OF MARY IN LIGHTHOUSE DINING ROOM



*Legion  
of Mary*

SUNDAY 10/09/2023

READING SUNDAY NEWSPAPERS AND RELAXING

10:00 AM MASS ON RTE 1



11:00 DAILY SPARKLE NEWSLETTER

*Daily Sparkle*

14:00 LIVE MUSIC WITH HEDDA / SEAN

14:00 LIGHTHOUSE LOUNGE

14:30 WATERFALL LOUNGE

15:00 HARBOUR LOUNGE



